

Coroners Court

Monthly Suicide Data Report

January 2026 update

27 March 2026





WARNING: This following report includes information on suicides.

For help or information contact **beyondblue** on 1300 224 636, or **Lifeline** on 13 11 14.

Purpose

This report presents the January 2026 update to Victorian suicide statistics. This report was produced under the Coroners Court of Victoria's initiative to release timely and accessible data on suicide across the state.

Victorian Suicide Register

In Victoria all deaths from suspected non-natural causes including suspected suicides are required to be reported to the Coroners Court of Victoria. The Coroners Court reviews newly reported deaths on a daily basis to identify those that occur in circumstances consistent with suicide and adds these deaths to the Victorian Suicide Register (VSR).

The VSR has been in operation since 2012 and is the most accurate and timely data source for suicide in Victoria. VSR data is regularly shared with the Victorian Department of Health, the Australian Institute of Health and Welfare, Victoria Police, health services, and other bodies engaged in suicide prevention to inform their work.

Considerations when interpreting the data

Victoria's suicide numbers vary quite substantially from month to month. Additionally, there can be substantial variation in the monthly and annual number of suicides by sex and age group. This variation, which is not unique to Victoria but is a feature of suicide data around Australia and internationally, usually results from random factors rather than underlying systemic issues or emerging clusters. The data therefore should be interpreted cautiously, with great care taken in drawing conclusions about any apparent increase or decrease that is observed.

Changes in reported numbers over time

The deaths included in the VSR are regularly reviewed as coroners' investigations progress and more is learned about the circumstances in which they occurred. Deaths may be removed from the VSR if investigation establishes they are likely not to be suicides; likewise, deaths initially missed may be added to the VSR as new evidence consistent with suicide is gathered. This is why some data reported here may be different to what was reported in previous months.

However, data changes are usually minor: VSR analyses have shown that over time, there is consistently less than 5% difference between the number of suicides initially identified as suicides, and the number of deaths ultimately confirmed as suicides.

Monthly data update

1. Year to date number by sex

Table 1 shows the number of Victorian suicides by deceased sex as at the end of January each year, for the years 2022-2026.

Table 1: Year to date (month end January) suicide number by sex, Victoria 2022-2026.

Sex	2022	2023	2024	2025	2026
Male	41	54	61	46	44
Female	14	17	19	19	16
Total	55	71	80	65	60

2. Monthly number of suicides

Table 2 shows the monthly number and aggregate monthly¹ number of Victorian suicides for January 2022 through to January 2026.

Table 2: Monthly number and aggregate monthly number of Victorian suicides, January 2022 to January 2026.

Month	Monthly number					Aggregate monthly number				
	2022	2023	2024	2025	2026	2022	2023	2024	2025	2026
January	55	71	80	65	60	55	71	80	65	60
February	54	62	82	64		109	133	162	129	
March	64	56	69	83		173	189	231	212	
April	58	69	57	60		231	258	288	272	
May	56	65	46	60		287	323	334	332	
June	65	48	60	61		352	371	394	393	
July	57	64	64	77		409	435	458	470	
August	73	62	82	52		482	497	540	522	
September	73	72	63	64		555	569	603	586	
October	76	87	67	68		631	656	670	654	
November	64	70	52	69		695	726	722	723	
December	70	70	54	61		765	796	776	784	

1 The aggregate monthly number is the sum of numbers for all months so far in each year. For example, the aggregate monthly number in March of a year is the sum of the monthly numbers in January, February and March for that year.

3. Year to date number by age group and sex

Table 3 shows the Victorian suicide number by deceased sex and age group as at the end of January each year, for the years 2022-2026.

Table 3: Year to date (month end January) suicide number by sex and age group, Victoria 2022-2026.

Age group by sex	2022	2023	2024	2025	2026
Male					
Under 18	0	4	1	1	1
18 to 24	7	8	7	6	4
25 to 34	6	9	10	9	11
35 to 44	6	7	16	10	10
45 to 54	12	8	5	4	2
55 to 64	3	7	7	7	4
65 and over	7	11	15	9	12
Total	41	54	61	46	44
Female					
Under 18	0	0	0	1	0
18 to 24	2	0	4	1	0
25 to 34	2	5	3	1	4
35 to 44	2	4	3	5	3
45 to 54	3	4	2	2	3
55 to 64	3	1	4	4	4
65 and over	2	3	3	5	2
Total	14	17	19	19	16
All people					
Under 18	0	4	1	2	1
18 to 24	9	8	11	7	4
25 to 34	8	14	13	10	15
35 to 44	8	11	19	15	13
45 to 54	15	12	7	6	5
55 to 64	6	8	11	11	8
65 and over	9	14	18	14	14
Total	55	71	80	65	60

4. Year to date number by location of fatal incident

Table 4a shows the suicide number as at the end of January in Metropolitan Melbourne and Regional Victoria, for the years 2022 to 2026. Table 4b shows the same data but represented as proportions of all suicides rather than as numbers.

Table 4a: Year to date (month end January) suicide number by location of fatal incident, Victoria 2022-2026.

Location of fatal incident	2022	2023	2024	2025	2026
Metropolitan	37	37	62	37	33
Regional	18	34	18	28	27
Total	55	71	80	65	60

Table 4b: Year to date (month end January) suicide proportion by location of fatal incident, Victoria 2022-2026.

Location of fatal incident	2022	2023	2024	2025	2026
Metropolitan	67%	52%	78%	57%	55%
Regional	33%	48%	23%	43%	45%
Total	100%	100%	100%	100%	100%